































# BEDFORD AND KEMPSTON CYCLE ROUTE MAP

# KEY

- Off-road cycle track (shared/segregated) 
- On-road cycle lane 
- Quiet road 
- Busy road 
- Bus lane available to cyclists 
- Bound gravel track/bridleway (bw) 
- Unsurfaced track/bw (muddy when wet) 
- Path between which cycling is banned 
- Cycle Zebra crossing (cyclists/pedestrians) 
- Toucan crossing (cyclists/pedestrians) 
- Pegasus crossing (cyclists/peds/horse riders) 
- Puffin/Pelican crossing (cyclists dismount) 
- Zebra crossing (cyclists dismount) 
- Uncontrolled crossing with refuge 
- Underpass 
- Advanced cycle stop line 
- Traffic signals 
- Cycle contraflow 
- Direction of travel on one way route 
- Steep route (arrow points downhill) 
- Cycle parking point 
- Cycle shop 
- Railway station 
- Bus station 
- Industrial estate 
- Shopping centre 
- Hospital 
- Place of worship 
- Tourist Information Centre 
- Important buildings, schools, colleges, museums, libraries, etc. 

## 2022 On-line Edition

### Introduction

The map has been published since 2001, for the first 16 years as a printed copy of which 35,000 copies have been sold or distributed and since 2018 as an on-line version. With the needs of all cyclists in mind, but particularly those who at present feel themselves more vulnerable on busy roads.

CCNB's aim has been to show routes which as far as possible avoid busy and difficult roads. Bedford is blessed with many opportunities to do this and the route shown connect the residential areas to all the main destinations in the town and to the countryside.

The map distinguishes the different sections of routes according to whether they are off-road or on-road on quiet roads, along cycle lanes on busy roads or just busy roads.

CCNB hopes that with the help of this map you will increasingly use your bicycle to get around the town. People are often surprised to find just how quick, easy and pleasant this can be. As your confidence and road skill increases you will be happier to tackle the busier roads as a normal event and to treat them safely and with consideration of all users.

